

MPNA GRAPEVINE
DEC/JAN, 2010 EDITION
BI-MONTHLY
MAPLE PARK NEIGHBORHOOD ASSOCIATION
4937 N. FREMONT
KANSAS CITY, MO 64119
VOLUME 16, ISSUE 6

*The MPNA meets the third Tuesday of every month.
The December 21 and January 18 meetings are at
Maplewood Elementary School and the Board of
Directors meet the fourth Tuesday of each month at
the Tower View Baptist Church.*

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THE MPNA GRAPEVINE

Local Businesses

The businesses you see advertising in our newsletter pay the postage to make mailing our publication possible. Support their business and mention you saw their ad in our Neighborhood Newsletter. Their support is important to us and our support is important to them. They provide excellent products and services. We encourage you to support these businesses near Maple Park. We want them to be successful and to stay with us. It really does make a difference where you spend your money.

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Medicare Help and Information Now is the time

Medicare enrollment for Prescription Drug Plans is here. If you need help or information about Medicare Drug Plans or help with enrollment with Part D prescription drug plans, you can get help free and fast. In Missouri, the State Health Insurance Assistance Program is provided by the Community Leaders Assisting the Insured of Missouri, or CLAIM. CLAIM Counselors can answer any Medicare related question you may have, even to the point of having personal help enrolling with your personal circumstances. CLAIM provides free, non-biased information to help Medicare beneficiaries make informed decisions about health coverage options. The CLAIM Counselors can help answer problems sometimes with a simple phone call. CLAIM does not and cannot sell insurance or recommend an insurance agent.

I would strongly encourage you to explore your options *before* committing to any Medicare plan. There have been changes which will go into effect in 2011. The enrollment period this year for prescription drug coverage is November 15 to December 31. But next year, this will change and will be earlier and not extend to the end of the year.

Medicare can be very confusing. Help is a simple phone call away. I have been trained by CLAIM as a counselor to help with Medicare enrollment and problems and would be glad to help you would like help. Feel free to call if you need questions answered or help enrolling in a Medicare Plan (816-452-0039 - cell: 417-339-1146). The services that I provide are sponsored by Shepherd's Center of the Northland. You may also call their office (816-452-4536) and you will be referred to a counselor which will also help you. Larry Houser, MPNA director

MPNA Fall Clean-Up Event

Our Maple Park Neighborhood Fall Clean-Up was held on October 9th at the Middle School.

We had nice weather and a good turn out of 11 Volunteers. We were able to help 27 families. We had 3 dumpsters available, because of the recent storm, we felt we might need the extra one. We were able to fill one with trash and had the second one partly full of brush. We were really surprised that we didn't have more brush considering the great damage of

***Want To Improve Academic or Sports Performance?
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Get Something Done?
*Are You Ready to Get Rid of BAD Habits Once and For All?**

I invite you to consider Clinical Hypnosis to address these issues and more. If you are interested, give me a call or visit my website. If you are not interested in hypnosis, but prefer traditional counseling, feel free to contact me for those services as well.

Choices & Changes
Professional Counseling and Clinical Hypnosis
Babette M. Hiles, Psy.D.LPC, NBCCH
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the storm. The city did a Great job of clean-up this time. All the Volunteers was well fed and watered with the compliments of The MPNA. We wish to thank Larry & Jo Houser for graciously letting us use their wonderful deck and facilities for our meal. We also want to thank all our Great Volunteers for their help in helping to make our Neighborhood a lot nicer.

Calendar:
Dec 20-Jan 3—Winter Holiday NKCS D Schools
Jan 14—NKCS D 1/2 day release-staff development

Helping Others with the MPNA

For the past several years, your Maple Park Neighborhood association has taken donations to provide Christmas dinners and food for families in our neighborhood who need a little help during tough times. Our neighbors have always responded with donations to help neighbors.

Again this year, we will begin taking donations for this program. We have started this year with a grant from The Greater Kansas City Foundation to help with our Local Food Program. The Foundation was kind enough to begin our effort this year with a \$100 donation. We would like to thank the Foundation for their generosity and great kick off to the Local Food Program this year.

In case you are not aware, Angel food is a food program sponsored by the Angel Food Ministries out of Georgia. They distribute food boxes to families for a low cost through local churches. There are two participating churches in our neighborhood at this time. Orders to the Angel Food program are taken one time each month and orders must be turned in about a month in advance.

Now is the time to help our neighbors so that we can submit the order. You may come to a meeting or any MPNA event to donate. Or you may call the MPNA number (452-6096) to get our treasurer's cell number to make other arrangements.

Your MPNA is a 501(C)3 organization. You may be able to deduct any donation you make to the MPNA on you taxes. If you choose to deduct any donation, simply ask for a tax letter.

Pizza Prices:

Vegetable.....\$5.99
Prince Pepperoni..\$5.99
Steward Sausage...\$5.99
Queen Margarite.....\$5.99
The Honorable Hamburger....\$5.99 Jester Cheese.....\$4.99
The Canadian Duke Bacon..\$5.99 The King Supreme..\$6.99
The Knight Pepperoni & Hamburger....\$6.99

*Extra Meat or Cheese only \$1.50 More
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Claycomo, MO. 64119**

We will supply you with a letter to include with your taxes. Please make an effort to help others. Jobs seem very difficult to find at this time. Some of our neighbors are finding it very difficult and live day to day just the feed their family. We can help. Count yourself in on this program. Small donations can make a big difference. Thank you for all the help from so many in the past. We are looking forward to providing a lot of help this year. Thank You, Larry Houser, MPNA Director

Thank You Jeff Simmons

The MPNA buys paper to print our newsletter for mailing. But for most of this year, we have not had to spend money for paper thanks to Jeff. Jeff was kind enough to donate a supply of paper which has lasted us most of this year. It has been a great help in getting our newsletter out and controlling MPNA costs this year. Hats off to Jeff for his help. Thank You from the Maple Park Neighborhood Association.

From the KCPD

As summer drew to a close and schools started up again for the year, Deputy Chief Cy Ritter told you about all the things our department was doing to keep kids safe. I wanted to share with you the results of just one of those efforts - school zone traffic enforcement. Our Special Operations Division has committed to concentrated enforcement in these areas at least one day a month. In September, officers cited 280 people in school zones in one day - Sept. 1. About 90 percent of those were for speeding. These tickets were issued throughout the city in various school districts. Are you concerned about people speeding or driving dangerously near your child's school? If you live in Kansas City, call our traffic complaint coordinator at 816-482-8174. He sets officers up for extra enforcement in problem areas.

Remember, when approaching a school zone, always slow down, even if you don't see any children. Nothing is so important that it's worth injuring a child.



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For more information on school zone safety, other traffic enforcement initiatives and even an updated list of the 10 highest-accident intersections in Kansas City, check out the [Traffic Enforcement Unit's web page](#).

Choices and Changes

Dr. Babette Hiles has been an advertiser in "The Grapevine" from the beginning. Not only has she supported us, she has contributed valuable and informative Counseling and Clinical Hypnosis. In person, Dr. Hiles is a DELIGHT. She is as positive and upbeat as it is possible for a person to be. Always a smile that reaches her eyes. Always thrilled to see you. When she asks you how you are, you know she cares about your answer. When she is speaking with you, you have her undivided attention. It is obvious to you that you are important to her. Please refer to her ad in this addition of our newsletter.

It saddens me to tell you that this will be the last ad from "Choices and Changes." It feels to me like the end of an era. Dr. Hiles informed me that, due to these difficult economic times, it is no longer feasible for her to run her ad. The great news is "Choices and Changes" and Dr. Babette Hiles will remain in our community and continue to provide her services.

Environmental Hint

When street lights are on 24 hours or longer near your home check number on light pole and call 311. They will be glad you called. Also if street light is out call 311 give them the number on light pole. This will help them know location.

Frances Yanez

The MPNA Annual Christmas Dinner

This year, this event will be held at the January meeting on January 18, 2011. This year, because the December meeting is so close to Christmas, the Board decided to move the event to January. Late in December is a very busy time for everyone. Hopefully this might relieve some stress and rush for those who enjoy the event and want to attend. This is a dinner meeting and is free. Join us for dinner on January 18 at the Maplewood Elementary School in the cafeteria.