

MPNA GRAPEVINE
 FEBRUARY/MARCH, 2010 EDITION
 BI-MONTHLY
 MAPLE PARK NEIGHBORHOOD ASSOCIATION
 4937 N. FREMONT
 KANSAS CITY, MO 64119
 VOLUME 16, ISSUE 1

The MPNA meets the third Tuesday of every month. The February 16 and March 16 meetings are at Maplewood Elementary School and the Board of Directors meet first Tuesday of each month at the Tower View Baptist Church.

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If you wish to subscribe or unsubscribe to this newsletter, you may do either on the MPNA Website, www.maplepark.org or you may call 452-6096. This newsletter is a free publication.



THE MPNA GRAPEVINE

Local Businesses

The businesses you see advertising in our newsletter pay the postage to make mailing our publication possible. Support their business and mention you saw their ad in our Neighborhood Newsletter. Their support is important to us and our support is important to them. They provide excellent products and services. We encourage you to support these businesses near Maple Park. We want them to be successful and to stay with us. It really does make a difference where you spend your money.

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Annual Chili Dinner, February 16

The February meeting of MPNA will be held on the 16th. We will hold our annual Chili Dinner. You know that we have been raising our own funds for a few years now. This will be a fundraiser. All you can eat for \$5.00. Several people will be bringing their favorite Chili. Others will bring dessert. Leslie Knudson is bringing "white Chili" and a sugar free dessert for those of you watching their weight and sugar intake. There will be something everybody can eat. We will be starting our meeting at 6:30 rather than 7:00 because of the meal. Crackers, cheese onions and all the trimmings will be provided. This is a good meeting for all of you to bring a friend. Maybe someone who hasn't been to a meeting for a while or one who has never been. See you there.

"The Creek Report" KCPD

Cyber Bullying

Bullying is a serious problem with today's children and has changed over time to not just physical abuse but also to the cyber world: Facebook, My Space, Twitter, E-mails, Text messaging, etc. Bullying is defined as an aggressive behavior that is intentional, constant and involves domination in power of the mouth (insults, rumors or threats) or physical strength. Cyber bullying can consist of the above and add such things as images. These images can be of embarrassing situations or intimate photos, that can also be altered by the sender. These items sent in the internet can not fully be erased with today's skilled computer hackers. Bullying and Cyber bullying can no longer be something that can be ignored by parents. In the past we thought to just ignore it and they will go away or get tough and stand up for yourself. Studies over the last few decades have documented damage to children's self esteem, causing scholastic and mental health issues. Today, children gain popularity or power at the expense of others, and victims of this type of bullying can also become a bully. These acts to our children can cause depression and even suicide. According to one study, 60% of bullies have committed one criminal act by age 24. Early prevention is needed for the

Weight Loss Challenge

Have any of you gained a few pounds over this long period of cold weather? Maybe you have carried these extra pounds for years. Don't know what to do about it? Here is an option for you. Jenny, one of our newsletter readers, tells me she has a solution. A 3 Month Weight-Loss Challenge Challenge begins in February and runs until May 1, 2010.

***Want To Improve Academic or Sports Performance?**
***Do You Want to Stop Putting Things Off So You Can Get Something Done?**
***Are You Ready to Get Rid of BAD Habits Once and For All?**

I invite you to consider Clinical Hypnosis to address these issues and more. If you are interested, give me a call or visit my website. If you are not interested in hypnosis, but prefer traditional counseling, feel free to contact me for those services as well.

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Wednesday, February 10, 2010, 7-8 pm Festival Foods
 4357 NE Chouteau Trafficway, Kansas City, MO 64117
 To reserve your spot, Call **Jenny 816-507-3920**

"Creek Report" continued
 victims and the bullies. For prevention tips for parents, your child and their school check out the following websites.

www.stopbullyingnow.hrsa.gov
www.wiredsafety.com
www.connectsafely.org

Snow Plow Help in Maple Park

During the recent snow storm Josh Ryan kept the roads plowed all around the neighborhood. All who benefited from Josh's work would like to share in a GREAT BIG THANK YOU JOSH. He was out all hours of the day and night volunteering to do this for his neighbors. I have heard stories from many people who said that Josh assisted them per-



Pizza Prices:

Vegetable.....	\$4.95
Prince Pepperoni..	\$4.95
Steward Sausage...	\$4.95
The Honorable Hamburger.....	\$4.95
The Canadian Duke Bacon.....	\$4.95
Chicken Alfredo or Chicken Fajita..	\$6.99
The Knight Pepperoni & Hamburger....	\$5.99

Extra Toppings only \$1.00 for each

Tuesday Tacos ..3 for \$1.00 (Limit 12)

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sonally. He pulled several stuck cars out of the snow and pushed snow from around others that were trapped. He "jump started" several vehicles with dead batteries and gave people rides when they couldn't get out. He used his own truck, his own gas and lots and lots of his own time. He plowed my driveway and several others. His was the ONLY plow I saw for days. The City didn't seem to care about our streets. I heard he even plowed the big hill on 52nd Street to free a school bus. This is not the first time Josh has done this for us and it won't be the last. As long as I have lived here I have seen Josh out every time it snows. Thanks Josh. You are really appreciated.

(816) 452-8226

Chinese Garden Restaurant

Dine In and Carry Out

**405 NE 69 Highway
Claycomo, MO. 64119**



Beware Census Scammers


While we have not yet received any reports of this in Kansas City, the Better Business Bureau has warned scammers might take the opportunity, during the 2010 Census, to attempt to steal victims' personal information. All citizens are encouraged to use caution when releasing any personal information to anyone.

The Census may be taken by mail, telephone, or a personal visit.

- If a U.S. Census worker knocks on your door, they will have a badge, a handheld device, a Census Bureau canvas bag and a confidentiality notice. Ask to see their identification and their badge before answering their questions. However, you should never invite anyone you don't know into your home.
- Census workers are currently only knocking on doors to verify address information. Do not give your Social Security number, credit card or banking information to anyone, even if they claim they need it for the U.S.

MPNA Christmas Dinner

The annual MPNA Christmas Dinner was held on Tuesday, December 15, 2009. We had a very short time to decorate due to an earlier meeting in the cafeteria, but the decorators did a great job of making it look like Christmas. The food was good and there was lots of it. The dinner was attended by most of the regulars and we were very happy to have been joined by a few people whom we haven't seen in a while as well as some new members. Marcus Smith and Deb Hermann took time from their busy schedules to stop in and say hello. Larry Washington spoke to the assembly about home improvement grants that might be available to the residents of Maple Park. The food that wasn't eaten was donated to City Union Mission, as is our tradition.



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Richard Nigro, President

Saying Goodbye to Our Friend

Our Maple Park neighborhood lost a friend and neighbor on January 8, 2010. We are sad to report Clem Wallis has passed away. Most of us knew Clem as Wally. Wally lived on Fremont Street for many years and will be missed very much. Maple Park has been a better place because he was with us. With he and his wife, Louise, leaving it will seem like the end of an era for those of us who knew not only Wally but also Louise. Louise passed away in 1991. For more information, please go to <http://www.legacy.com/obituaries/kansascity/obituary.aspx?page=lifestory&pid=138349066>

"Beware of Census Scammers" continued
Census. While the Census Bureau might ask for basic financial information, such as a salary range, it will not ask for Social Security, bank account or credit card numbers nor will employees solicit donations.

- Eventually, Census workers may contact you by telephone, mail or in person at home. However, they will not contact you by e-mail, so be on the look out for e-mail scams impersonating the Census. Never click on a link or open any attachments in an e-mail that are supposedly from the U.S. Census Bureau. For more information, check our [Fraud Unit](#) web page or the [Better Business Bureau](#).

Calendar:

- Feb. 2—Groundhog Day
- Feb. 7—Superbowl XLIV
- Feb. 12—1/2 day Early Release NKCS D K-12
- Feb. 14—Valentine's Day
- Feb. 15—Washington's Birthday Observed—No School
- Mar. 15-19—Spring Break No School NKCS D
- Mar. 17—St. Patrick's Day
- Apr. 2—Arbor Day

MPNA Contact Information

MPNA Information Number—452-6096
President, Larry Knudson—510-1910,
mpnapresident@maplepark.org